



KNUBBLE BAY CAMP & BEAL ISLAND
GEORGETOWN, MAINE
VOLUNTEER MANAGED FACILITIES
OF THE APPALACHIAN MOUNTAIN CLUB

KNUBBLE BAY CAMP USER'S GUIDE

We're glad you've chosen to stay at AMC's only self-service facility on the Maine coast. We want your stay to be a memorable, safe and comfortable one. To prepare for your visit, please read the guidelines below. Have a great time!

CHECK-OUT TIME: 11 AM. CHECK-IN TIME: 3 PM.

RESERVATION INFORMATION

See www.outdoors.org for reservation information or call 603.466.2727

Knubble Bay Camp is open for rental beginning April 3.

Beal Island is open for rental April 3 - October 25.

2011 RENTAL RATES

The 2011 rent for Knubble Bay Cabin for members is \$160 per night for up to 8 people, \$210 per night for 9 - 15 people. Non-members is \$190 per night for up to 8 people, \$250 per night for 9 - 15 people.

All rates are subject to 7% Maine State Tax

The 2010 rent for Beal Island is \$12/night for AMC members, \$18/night for non-members. Children 12 and under are free. All rates are subject to 7% Maine State Tax

CLOSED DATES

For closed dates, please call 603.466.2727



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WHAT AND WHERE IS KBC?

Knubble Bay Camp is a post-and-beam cabin which sleeps fifteen on the shore of Knubble Bay in Georgetown, Maine. The Cabin was constructed, and is maintained by, a multi-state volunteer committee. The beach is a superb launch site for tidal paddling, swimming, or just resting in the sun. The cabin has a fully-functioning kitchen (complete with all cooking/eating utensils), solar lights, composting toilet, wood stove, and outdoor pump for water, outdoor sun shower stall, but no electricity. Bunks include mattresses.

Please park on the left-hand side of the parking lot, or at the cabin. Beal Island renters park in the same lot, so you might see other visitors. They have access to the outside pump.

DIRECTIONS:

Follow US Rte. 1 to Bath, and go across the Kennebec River Bridge. Keep in the right-hand lane, and, immediately after the bridge (Dairy Queen), take a RIGHT to the junction of Rte. 127. Take a LEFT onto 127 towards Reid State Park, and travel for 5.8 miles. Take a LEFT onto Robinhood Rd. (look for antlers on garage). Travel 1 mile and take sharp LEFT onto Webber Rd. (at Meetinghouse Restaurant). Travel 1.2 miles, and take RIGHT onto Jewett Rd. At the bottom of the hill, take a RIGHT as the road turns to dirt, keeping RIGHT at each fork. Take a LEFT at the AMC sign (#144).

WHO MAINTAINS KBC?

KBC, and the nearby Beal Island, are maintained by a volunteer committee, whose members reside in several different states. From time-to-time, committee members will visit KBC and inspect the cabin between stays to assure that guests have left it in good condition and alert the managing committee of facility problems. Inside the cabin is a list of emergency numbers in case of a problem with the facility.

WHAT SHOULD I REMEMBER? PLEASE . . .

- Read the User's Guide housed inside the cabin
- No more than 15 guests may stay overnight in the cabin or on the grounds. If you have registered for 1-8 people @ \$160/night (plus tax), please comply with that number; if you have 9-15 people, please register with AMC for the \$250/night (plus tax) rate—before you come. You may be asked to adjust your numbers by visiting committee members.
- KBC guests park on the left-hand side of the lot and/or on the hill up to the cabin. Beal Island guests park on the right-hand side. Please do not block other cars.
- KBC is a carry-in, carry-out facility, so bring your own paper and cleaning supplies (dish detergent, towels, toilet paper, etc). Do not leave any items when you leave
- NO PETS are allowed in the cabin or on the grounds, and you will be asked to leave or correct this if you do not comply.
- No propane or kerosene lanterns, or candles, are allowed in the building. No campfires are allowed
- Solar lights are dependent upon frequent sunshine. Make sure you bring flashlights
- Please clean the cabin thoroughly as you prepare to leave so that others can enjoy the facility. Report cleanliness problems to Gail Fensom: gailrond@comcast.net



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WHAT DOES THE CABIN HAVE?

This is a Carry-In, Carry-Out facility, so do not expect any supplies when you arrive (toilet paper, dish detergent, etc.), nor should you leave any behind. KBC has a fully functioning kitchen with a gas stove/oven and refrigerator, and all the kitchen utensils you'll need. There is no running water, but you can pump your own from the hand pump outside. Always bring along extra water, as sediment sometimes clouds the well water. Please do not let solids go down the kitchen drain, and, if possible, use earth-friendly washing products.

The indoor composting toilet should be treated with respect. Please do not deposit anything other than human waste and toilet paper. Using earth-friendly toilet paper would be great. Every morning and evening, deposit one handful of the shavings provided.

A solar panel runs the fan for the indoor composting toilet, and, along with a wind generator, powers a few lights in the cabin. An emergency solar stair light turns on at night. Please turn out overhead lights if you are not in the room, as there is only a limited amount of energy. Bring flashlights and "D" batteries for the lanterns available in the cabin. Kerosene or gas lanterns and candles are strictly prohibited.

A woodstove keeps the place warm, and there's plenty of firewood and kindling, which should always be stored in the entranceway. Between the upstairs bunk rooms and the downstairs futons, sofa bed and sleeping room, the cabin sleeps fifteen. The bunks have mattresses, but no bedding. Please do not drag upstairs bunks across the wood floor.

There are plenty of games and reading materials in the bookcase and hutch, and an interactive bulletin board and paper activities for youngsters. Bring along a sun shower to use in the outside shower room on the shed. Be sure that you write in the camp journal, so that others can hear about your stay.

Emergency information is posted in the entranceway. Make sure you read it. Cell phone coverage is not guaranteed.

Remember:

- Should you encounter any problems with the facility, **Dave Corbin (978-505-3674)** or **Kathy Corcoran (207-522-2490)** rather than attempting repairs yourself. Please call immediately if you encounter problems with the refrigerator and stove, or if the composting toilet begin to emit a strong continuous odor.
- Never "switch over" the outside propane tanks. They are not designed to function this way. Should you run out of gas, call the emergency number posted in the cabin, or the numbers above.
- If the refrigerator stops working, but there is gas, you can relight it by reading the directions located in a panel on the bottom of the refrigerator door. The range pilot light can be restarted in the broiler.
- Always bring extra water in case we are having a dry season.
- If you are visiting during a period of low sunlight, the solar batteries might drain, so always bring battery-powered lanterns.



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ON YOUR WAY OUT THE DOOR . . .

When you come to Knubble Bay Camp, you expect it to be clean, tidy and secure. When you're ready to leave, please review this checklist to assure that you've left it as it should be:

- Clean the refrigerator, countertops, and toilet seats with bio-friendly cleaner (if possible).
- Arrange kitchenware in some kind of logical order.
- Neaten up all bookshelves and the hutch.
- Shake out the entranceway rug, and sweep the others.
- Sweep and Swiffer all wood and tile floors. Stow all floor cleaning utensils in the bathroom (not under the stairs).
- Empty the wood stove of ashes. Never dump hot ashes in the woods.
- Fill the red water containers in the kitchen.
- Check the grounds and the beach area for belongings.
- Make sure ALL of your personal belongings (dish soap, paper plates, toilet paper, sponges, garbage, food) leave with you.
- Turn off all lights.
- Close all windows.
- Lock the outside door to the deck, the front door, and the outside door in the downstairs bedroom.
- Contact Gail Fensom (gailrond@comcast.net) if the cabin was not clean when you arrived. She will speak with the previous renters.



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ACTIVITIES

- Brochures in the cabin explain the local sites. Nearby Reid State Park offers excellent beach walking , or you can bicycle along the scenic Georgetown roads. Georgetown has several shops, and don't pass by Kelly's Kitchen (on Rte. 127) or a chance to eat lobsters at Five Islands. Nearby Bath (several museums and restaurants) is always a good rainy day visit.
- If you are paddling, Paddle Trips in the Knubble Bay Area, suggests several day trips. Be cautious unless you are expert paddlers, however, because there are danger spots in the tidal waters. Always wear life preservers and be alert to wind, tide, weather.
- Beal Island is an easy paddle just one mile north of the launch, and is open to public day use. A marked trail circumnavigates the island, and you're likely to see seals and osprey. Feel free to picnic and rest on the beach.
- Canoes and kayaks may be rented through Seaspray Kayak (info@seaspraykayaking.com) (1-888-349-7772). They will usually deliver and pick up from KBC. The canoes stored at KBC are for committee use only.

CAUTION

The waters in this area are subject to tidal, temperature and wind conditions which differ significantly from fresh- or flat-water lakes and ponds. Several nearby areas can be dangerous to paddle in.

Tide rips occur in several places in the area, including Little and Lower Hell Gates on the Sasanoa River (either side of Beal Island), Upper Hell Gate (near Bath), and Goose Rocks Passage (east of the Knubble). For several hours during each half of the tide cycle, these areas are dangerous, and sometimes impossible to navigate. Paddle them no more than an hour or so after or before high and low slack water. Never try them in the fog or at night. Do not try and paddle against the tide. Beware of whirlpools and boils and strong eddy lines that can flip the unwary.

Paddlers should always plan their trips around weather radio forecasts, and be aware of the effect of tide on their routes. Use a nautical chart to plan your course. It's easy to get lost if you aren't familiar with the area. Always wear a life preserver. The water temperature is always cold enough to result in hypothermia, so wet- or dry-suits, and/or a change of warm clothes in a drybag is always recommended. Don't venture out without first aid supplies, sunscreen, and a way to call for help. Flat-water kayaks (lake or river kayaks) are not recommended, as they are not designed for use in tidal water. Kayaks should always be equipped with two bulkheads that assure the boat will not fill with water if overturned. Boats shorter than 13 feet are often not easy to maneuver, especially in wind and tide.

THANKS FOR TREATING KNUBBLE BAY CAMP AS EVERYONE'S HOME. COME AGAIN!



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**THE FOLLOWING ARE POPULAR PADDLES FROM KNUBBLE BAY CAMP.
LOOK ON A CHART FOR DETAILS.**

Beal Island

Launch from Knubble Bay Camp beach. Beal Island is north about one nautical mile, and sits at the mouth of the Back and Sasanoa Rivers. A large beach provides easy access to visitors who wish to use the outhouse there or hike the two-mile perimeter trail around the island. At the right times in the tide cycle, the strong currents at Little and Lower Hell Gates are a sight to see (but not to paddle in).

Mary Barrett's "Bones" in Robinhood Cove

Head south from Knubble Bay Camp towards the Knubble and on to Robinhood Marina. There you will see beautiful yachts and cruisers—but be careful of boat traffic. Keeping to the left-hand shore, about 1.5 miles from Knubble Bay, you will come upon the remains of an old five-masted schooner, the Mary Barrett. Built in Bath in 1901, this 241-foot schooner was used for trading, and carried supplies to Europe during WWI. Rather than sinking old ships where they might harm working boats, they were towed to quiet coves and left to rot. Each year less and less of the "bones" remain.

Paddle the relatively sheltered cove to the end of Robinhood, about 6 miles from Knubble Bay Camp. At low tide, look on the eastern shore of Georgetown I. for the remains of an old stone fishing weir. Fish swam into the area beyond the wall. The entrance was sealed off as the tide receded, and the fish were trapped.

If you're at Robinhood Marina at the right time, it may be a good idea to stop and eat at the restaurant there.

Bath and Maine Maritime Museum

This 12-mile round trip should only be taken by experienced paddlers and in good conditions. Upper Hell Gate is very busy with motorboats and is quite narrow, so stay outside the markers if you are in a paddle craft. The tides dictate if this paddle is feasible.

Five Islands

If the tide is outgoing, this is a pleasant 4-mile trip to the Five Islands area, where you can stop for a lobster roll. Make sure you go through Goose Rocks passage when the water is slow. Turbulent whitewater appears during "flow" times. Stay to the right for safest passage. Boat traffic can be considerable, causing large wakes.

The trip can be extended to Reid State Park, which is about a 12-mile round trip from Knubble Bay Camp. Once past Five Islands, you are exposed to the ocean swells and winds. It's best to do this trip on the outgoing tide and time your return to coincide with the incoming tides.



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Hockomock Bay, Erratic and Little Bare Islands

A leisurely paddle of about 8 miles round trip investigating these lovely MITA islands is a must. The paddle leads past Beal Island through Little Hell Gate. It's best to time the paddle so that you are not fighting the tide, though it MAY be possible for strong paddlers to go counter tide except at peak flow (about three hours after the prior tide). You may also like to investigate the Back River before your return. Watch for osprey, Canadian geese, seals. Be care of boat traffic in the channel.

POINTS OF INTEREST:

BATH – Shopping. Historic town.

FIVE ISLAND LOBSTER CO-OP AND GRILL – Rte. 127. Fresh lobster, lobster rolls, ice cream. Fabulous views.

GEORGETOWN POTTERY – Rte. 127. Huge display of local pottery.

MAINE MARITIME MUSEUM – South of Bath Ironworks. Historic shipyard, narrated boat cruises.
9:30 am-5:00 pm. Fee.

JOSEPHINE NEWMAN WILDLIFE SANCTUARY – Rte. 127, next to town library. 119 acres. Self-guided trails. Maps available from "Aunt Jo" Todd in house across from sanctuary.

POPHAM BEACH STATE PARK – Bathing, hiking. 209 South of Bath (High St.). Follow signs to Popham. Fee.

REID STATE PARK – Rte. 127. Take right at stone flag to Seguinland Rd. Open 9am – sunset. Beaches, picnic grounds, hiking trails. Fee.

ROBINHOOD FREE MEETINGHOUSE – Gourmet dining.

ROBINHOOD MARINA AND OSPREY RESTAURANT – Full-service marina and yacht yard. Boatbuilder.
Osprey Restaurant and Tavern at Riggs Cove. Rest room